

## VALERIA CAMPO

### THE TRAVELLING MASKS



introduction to stand-up comedy

March 4-5-6-7, 2025 Rome, Italy

Roma and non-Roma artists, actors, theatre and circus

#### **Professional Training Workshop: Creation of "Solo" Shows ( One Wo /man Show) Comedy and Stand-Up Comedy**

#### **Date and location:**

The workshop will be held in Rome from March 4 to 7, 2025 at SpinTime Labs (Via S. Croce in Gerusalemme 55 – 00185 Rome, Italy).

#### **About us:**

We are Rampa Prenestina, based in Rome, together with Independent Theater Hungary and Giuvlipen (Romania), partners in a multi-year artistic project co-funded by the European Union called "*Stand-Up Roma!*" (SUR). Our goal is to develop and share new methods for creating solo (one wo /man) shows, using comedy as a powerful tool to address sensitive and dramatic issues. This project is also an opportunity to promote the inclusion of Roma communities through art.

#### **Who can participate:**

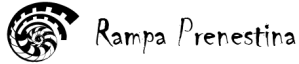
We favor applications from people active in artistic and educational practices in the field of Roma inclusion.

- you have theatrical experience or are highly motivated.
- You are over 18 years old and speak English (the workshop language will be mainly English).
- You live in the European Union.
- You support the values of inclusion and diversity.

#### **Why attend:**

The workshop offers you the opportunity to:

- Create, develop and deepen theatrical characters.
- Acquire practical tools to create your own "solo" show.
- Working with Valeria Campo, an artist who combines the tradition of Commedia dell'Arte with contemporary Stand-Up Comedy.



### Financial support:

We offer financial support to partially cover travel, food and accommodation expenses, calculated on the number of applications received.

### How to apply:

Send a short CV or presentation of yourself and your work, along with a motivational letter. **Applications are open until January 15, 2025.**

**Workshop Schedule:** The 4-day workshop will take place from March 4th to 7th, 2025 with the following daily structure:

- **10:30am - 1:30pm** : Training and practical sessions.
- **1.30pm - 2.30pm** : Lunch break.
- **2.30pm - 4.30pm** : Training and development of comic material.

### Topics covered:

- **Introduction to Contemporary Comedy and Stand-Up Comedy** : Mask techniques, rhythm and relationship with the audience.
- **The Legacy of Commedia dell'Arte** : From Tradition to Modern Stand-Up Comedy.
- **Creating personal comedy routines** : Improvisation, comedy monologues, solo work.

### Workshop Focus:

- The **Commedia dell'Arte** as the historical basis of comedy and masks.
- The construction of one's own physical and verbal comic material.
- Developing your own comic personality for the stage.

He writes, he improvises, he's funny, tells comical and funny stories about his life, has a strong sense of rhythm, timing and jokes, "holds" the audience by performing alone on stage: all this and much more is the comedian. Masks and Comedy – with their routines at the roots of comic theatre and focused on the actor - They are the ideal training for those who want to discover stand-up comedy. Valeria Campo combines traditional techniques of the Commedia dell'Arte with modern training practices: a combination of physical and emotional awareness exercises aimed at developing strong physical and vocal skills and at enhancing the artists' energy, creativity, stage presence and strong relationship with the audience. Starting from a selection of comic monologues with the use of masks, taken from the repertoire of Italian Comedy, the workshop participants are accompanied to the discovery of one's comic personality and one's comic material, both textual and physical.

### For further information and registration:

Contact: [rampaprenestina@gmail.com](mailto:rampaprenestina@gmail.com).

Don't miss the opportunity to grow your artistic skills in a stimulating and inclusive environment!

## Valeria Campo – Trainer



Commedia dell'Arte - Acting Teacher - Director of theatre and street shows, opera, circus - Mask and costume designer - 2015/2022 President of the Circus Commission at the MIC Ministry of Cultural Heritage and Activities, Rome, Italy.

Valeria is an internationally recognized acting teacher, trainer, expert in Commedia dell'Arte, director of contemporary circus theater, opera, curator of festivals and spectacular events. She has a background in visual arts and design of sets, masks and costumes for her theater and circus productions. Since 2014 she has been the head of the Circus Arts Commission and a member of the Multidisciplinary Commission Theater, Dance, Music of MiBact, the Italian Ministry for Cultural Heritage and Activities and Tourism based in Rome.

Although residing in Italy and with strong Italian theatre roots, she devotes passion and energy to intercultural projects as a guest director and Commedia dell'Arte expert at theatre academies, universities, circus schools, theatres in Europe, Australia, Canada. She introduced Commedia dell'Arte training in the main theatre schools in Asia: HKAPA Hong Kong Academy of Performing Arts, Lasalle College of the Arts School of Theatre and Dance (Sg), K- Arts South Korea National University of Arts, Seoul. In 2018 he is a guest director and teacher of Commedia dell'Arte at the Directing Department of the Beijing Central Academy of Drama.

She has collaborated with, among others: École Nationale de Cirque de Montréal, where she wrote and directed *Circo Paradiso* after a long training in Comedy and Mask with Canadian circus artists; NICA National Institute of Circus Arts, Melbourne (Au), where she wrote and directed *DiVino Circus*, a theatrical circus show that debuted at the Melbourne Festival, co-producer of the show; Civica Scuola di Teatro Paolo Grassi (Milan), where in 2017 she was among the curators and teacher of the course *Semplicemente Circo*.



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